

EQUINE THERAPY REPORT

MIDWINTER 2024

- Note to the Commandant

In your first letter to the members of the MCL as the newly minted Commandant leading the League into its second hundred years, you mentioned that, "...equine therapy is being used as an effective tool in helping those with PTSD." With that in mind, you asked me to pull together and consolidate information which could be useful to League members and their families as to what it is...and where to find it. Thanks for that assignment, Warren. I learned a lot.

- History

The earliest record of horses being used for therapeutic riding was found in the writings of the Greek scientist and medicine man, Hippocrates of Kos. One may then assume that if this 2,400-year-old information was being recorded by the Greek physician, that earlier cultures' medicine men and women were learning and using the same information at the beginning of human and equine interaction (approximately 30,000 years ago). As with most ancient knowledge, this equine understanding, recorded by Hippocrates, either got lost or contorted to fit the evolution of humans...although some remained and some was rediscovered. Mongolia is a great example of this. There is also new evidence that suggests indigenous people of North America had domesticated horses as early as the 16th Century, long before the Europeans introduced them.

It has been documented that in the 17th century horseback riding was prescribed for mental disorders such as low morale and even gout. A case was made in the 1940s and 50s in Scandinavia when Lis Hartel, her legs paralyzed with polio, was able to win a silver medal for dressage in the 1952 Olympics after much therapeutic riding. In the 1960s, the practice expanded to many other physical therapy applications. By the end of the 1960s, many associations dedicated to serving the disabled community began to form. The Cheff Therapeutic Riding Center for the Handicapped was established in Michigan, and remains the oldest in the United States.

In 1969, The North American Riding for Handicapped Association (NARHA), was created to advise various groups that were beginning to form and share knowledge and consolidate efforts. In 2011, it changed its name to the Professional Association of Therapeutic Horsemanship (PATH) International.

In the 1950s and 60s, coinciding with a social revolution in the United States, thought was being given to a movement called, "natural horsemanship." One leader of this movement was Monte Roberts, who observed that horses had a language and could be communicated with by learning the signs and signals those horses used to "talk" with each other. His mantra was that instead of "breaking" a horse using sometimes cruel methods, one could partner with and lead a horse, willingly, to do all manner of tasks simply by understanding how to communicate. This was a breakthrough in horsemanship for many, however was probably not new understanding for the ancient Greeks, Mongols, Native Americans, and others who have developed relationships with horses for thousands of years. Even though horse cruelty still exists, its time is ending as we all begin to appreciate what those relationships can do. Today, we

are seeing and seeking medicinal benefits, not from the medicine man, but from those who are offering to help other bridge the gap of understanding Equus.

- Terminology

The all-encompassing term that covers interaction with horses and humans, with and without disabilities, that also include humans with physical, cognitive, and emotional problems is called **Equine-Assisted Activities and Therapy (EAAT)**. Because terminology within the field can be as different as each barn that does the work, lack of standardization and definitions has created problems for those who are trying to review and understand the medical benefits of the human/equine relationship. But some common terms do exist;

- ◆ **Therapeutic horseback riding** uses a therapeutic team (therapeutic riding instructor, two or more volunteers, and a horse) to both ride and do ground work.
- ◆ **Hippotherapy** involves an occupational therapist, a physiotherapist, or a speech and language therapist who work with both a client and horse. Actions of the horse require responses of the client rather than the client leading the horse. The term "hippotherapy" is also used to refer to broad categories of equine therapies.
- ◆ **Equine-assisted learning (EAL)** is an opportunity to teach and learn developmental life skills while having activities with a horse.
- ◆ **Equine-assisted psychotherapy (EAP)** may or may not include riding or carriage driving but could include grooming, feeding, and ground work. Mental health professionals will work with clients and horses creating an experience which helps clients learn about themselves and others, and relate positively to social situations. EAP is also recognized as **equine-facilitated therapy (EFP)**, **equine-assisted therapy (EAT)**, **equine-facilitated wellness (EFW)**, **equine-facilitated counselling (EFC)**, and **equine facilitated mental health (EFMH)**.
- ◆ **Interactive Vaulting** is where more physical interaction between horse and human is used to promote exhilaration benefits.
- ◆ **Therapeutic carriage driving** involves learning to lead a horse using only voice and reins to communicate.

Equine-Assisted Activities (EAA) incorporates all of the above as well as horse grooming, stable management, shows, parades, demonstrations, trail riding, and ground work.

At this point it would be important to note that the world of professional equine related health benefits for humans is not only ubiquitous and confusing, but somewhat controversial.

According to Wikipedia..." There is currently insufficient medical evidence to support the effectiveness of equine-related treatments for mental health. Multiple reviews have noted problems with the quality of research such as the lack of independent observers, rigorous randomized clinical trials, longitudinal studies, and comparisons to currently accepted and effective treatments.[3][4] A 2014 review found these treatments do no physical harm, but found that all studies examined had methodological flaws, which led to questioning the clinical significance of those studies; the review also raised ethical concerns

both about the marketing and promotion of the practice and the opportunity cost if patients in need of mental health services were diverted from evidence-based care. The review recommended that both individuals and organizations avoid this therapy unless future research establishes verifiable treatment benefits. [3][34]

All that being said about the status of professional help in the world of humans and horses there are accreditation and certification opportunities for those who want it. Beginning with the aforementioned Professional Association of Therapeutic Horsemanship (PATH) who have gone way beyond advising various groups that were beginning to form, sharing knowledge, and consolidating efforts. PATH now accredits centers and instructors that provide equine-assisted therapy [35]. Additionally, the Equine Assisted Growth and Learning Association (EAGALA), focuses only on mental health aspects of human-equine interaction, and provides certification for mental-health and equine professionals. [36]

Conclusion

Sang-froid is a French expression literally translated as “cold blood.” The more common usage of the phrase is “calmness in crisis.” For some of us it means “calmness in combat.” Anyone who has experienced combat and has not been afraid is a liar. Even though fear, anger, and sometimes confusion can play mind games with someone in the midst of combat, occasionally, one can experience sang-froid at the same time. The calmness one experiences slows things down, allowing the combatant time to think and react to the situation, because their focus is running at full throttle. Athletes call this feeling, “being in the zone.” Hypervigilance is what is happening.

What does this have to do with horses?

Horses are naturally hypervigilant because they are afraid of everything...particularly of being eaten. They are a prey animal. When it comes to fight or flight, guess which is the first choice. Hypervigilance is part of their defense mechanism. When sensing danger or something else out of the ordinary, they run.

Humans are not normally hypervigilant, but can be, as in the case of combat veterans with PTSD. Most humans will fight, rather than run away. Or, they will run until they figure out how they can fight and eliminate the danger.

Horses are happiest when they are around other horses. Particularly when they are part of a herd. Herds provide safety, structure, and leadership.

I have had relationships with horses for over seventy years, although I have never owned a horse of my own. It wasn't until coming home in 1969, after serving in Vietnam, that I recognized that relationship was really medicinal in nature for me. There were moments, in the past seventy plus years, when time spent with a horse allowed me to feel better...or just to feel...and stay alive. I am a lucky person to have been able to stumble upon this type of self-medication.

As indicated above, there is an emergence of opportunities for one to spend some time with a horse. It doesn't have to be limited to the organizations listed in this report. It can be as simple as mucking the stall of a neighbor's horse...volunteering for Special Olympics Equestrian Program...learning to drive a

horse and carriage...joining the National Lancers...or simply finding a horse to look at in a field while you are having lunch. It is all good.

References:

Wikipedia

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- [35] "[Professional Association of Therapeutic Horsemanship International official webpage](#)". Appreciating the power of the horse to change lives
- [36] "[EAGALA- Equine Assisted Growth and Learning Association](#)".

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Magnolia Lake Farm Arena, LLC	Karen Putzke	karen@karenputzke.com	(904) 955-2385	https://pathintl.org/centers/magnolia-lake-farm/	5295 Truman Pacetti Road	Saint Augistine	FL	32092
Marion Therapeutic Riding Association, Inc.	Catherine Sears	catherine@mtraocala.org	(352) 732-7300	http://www.mtraocala.org/	6850 SE 41st Court	Ocala	FL	34480
McCormick Research Institute	Beth (Elizabeth) Abshier	eric@mccormick.us	4079337433	http://www.mccormick.us/	4651 Rummell Rd	St. Cloud	FL	34771
Naples Therapeutic Riding Center	Martin de St. Pierre	admin@ntrc.org	(239) 596-2988	https://www.naplestherapeuticridingcenter.org/	206 Ridge Dr	Naples	FL	34108
Sarasota Manatee Association for Riding Therapy	Mark Hiser	smart@smartriders.org	(941) 322-2000	http://www.smartriders.org/	4640 CR 675	Bradenton	FL	34211
Southern Strides	Christina Langille	info.southerstridesequine@gmail.com	(321) 338-7682	http://www.southerstridesequine.com/	4545 James Rd	Cocoa	FL	32926
Special Equestrians	Jan Fifer	spequestrians@gmail.com	239-226-1221	http://www.specialequestrians.net/	PO Box 61528	Fort Myers	FL	33906
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Freedom Hills Therapeutic Riding Program	Renee Dixon	fhtrp@freedomhills.org	(410) 378-3817	https://www.freedomhills.org/	PO Box 222	Port Deposit	MD	21904
Maryland Therapeutic Riding, Inc.	Kelly Rodgers	kelly@mtrinc.org	5704708455	http://www.horsesthatheal.org/	1141 Sunrise Beach Road	Crownsville	MD	21032
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Equest Center for Therapeutic Riding, Inc.	Kathy Ryan	equestcenter@aol.com	(616) 866-3066	http://www.equestcenter.org/	3777 Rector Ave NE	Rockford	MI	49341
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Horses of Hope Missouri, Inc.	Michele McColm	smccolm57@gmail.com	(620) 674-3458	http://www.horsesofhope.com/	3555 S. FM 253	Rogersville	MO	65742
Hundred Acre Woods Riding Center	Jackie Jones	hundredacrewoodsdc@gmail.com	(660) 631-3546		31516 133 TRAIL	Nelson	MO	65347
Lewis Equine Assisted Programs	Mark Alderfer	rusticmranch2021@gmail.com	(816) 506-6825		135 Durnell St	Osceola	MO	64766
Power of Hope Equestrian Center	Tracey Keeven	powerofhopeec@gmail.com	(573) 259-5597		3 Farmhouse Lane	Steelville	MO	65565
Ride On St.Louis, Inc.	Marita Wassman	info@rideonstl.org	(636) 464-3408	http://www.rideonstl.org/	PO Box 94	Kimmwick	MO	63053
TREE House of Greater St. Louis	Nathan Harms	info@thstl.org	(636) 332-4940	http://www.thstl.org/	332 Stable Ln	Wentzville	MO	63385
Worthy Stables	Jessica Mathias	worthystables@gmail.com	(601) 337-8414	https://pathintl.org/centers/worthy-stables/	197 White Chapel Rd	Purvis	MS	39475
Horses Spirits Healing, Inc.	Amanda Tusler	aott@horsesspiritshealing.org	(406) 208-9774	http://www.horsespiritshealing.org/	7256 US Hwy 3	Billings	MT	59106
Asheville Equine Therapy Inc	Megan Hill	director@asheville-equinetherapy.org	8286307551	https://www.asheville-equinetherapy.org/	P.O. Box 1035	Leicester	NC	28748
Free Rein Center for Therapeutic Riding & Education	Roberta Brownlee	officemanager@freereincenter.com	(828) 883-3375	http://freereincenter.org/	PO Box 1325	Brevard	NC	28712
Helping Horse Therapeutic Programs	Kelly Grimes	kgrimes1214@gmail.com	(919) 816-2103	http://www.helpinghorse.org/	5104 Riley Hill Rd	Wendell	NC	27591
HorsePower Therapeutic Learning Center	Jan Clifford	jan@horsepower.org	(336) 931-1424	http://www.horsepower.org/	4537 Walpole Rd	High Point	NC	27265
Horses and HEALTH Inc.	Cheryl Meola	rohan1722@aol.com	(252) 495-8520	http://manesourcecounseling.com/	2563 Doc Loftin Rd	Ayden	NC	28513
Kids Rein	Teressa Tucker	info@kidsrein.com	(704) 900-0145	http://www.kidsrein.org/	9122 Crofton Springs Dr	Charlotte	NC	28269
MANE & TAILL Therapeutic Horsemanship Academy	Samantha Iulo	iulosamantha@gmail.com	(252) 489-1774		117 Buster Newbern Rd	Jarvisburg	NC	27947
Moonbeams and Miracles Therapeutic Horsemanship Center	Ashlyn Batten	info@moonbeammiracles.org	(252) 833-7009	http://www.moonbeammiracles.org/	2928 VOA Site B Rd	Grimesland	NC	27837
NC Therapeutic Riding Center, Inc.	Lara Katz	info@nctrriders.org	919-304-1009	http://www.nctrriders.org/	PO Box 233	Mebane	NC	27302
Prancing Horse, Inc.	Judy Lewis	ed@prancing-horse.org	(910) 281-3223	http://prancing-horse.org/	PO Box 327	Southern Pines	NC	28388
Rising Hope Farms	Gail Wartner	gailwartner@risinghopefarms.com	(828) 638-0879	http://www.risinghopefarms.com/	3775 Bethany Church Rd	Claremont	NC	28610
Riverwood Therapeutic Riding Center	Cynthia Martin	info@riverwoodtrc.org	(336) 922-6426		6825 Rolling View Dr	Tobaccoville	NC	27050
Rocking Horse Ranch Therapeutic Riding Program	Morgan Tedder	programdirector@rhrnc.com	(252) 752-0153	http://www.rhrnc.com/	1721 Blue Banks Farm Rd	Greenville	NC	27834
Saving Grace Farm	Janna Griggs	janna@savinggracefarm.com	(704) 209-6577	https://pathintl.org/centers/saving-grace-farm/	725 Jackson Rd	Salisbury	NC	28146
Shining Hope Farms	Milinda Kirkpatrick	shininghopefarms@gmail.com	704-827-3788	http://www.shininghopefarms.org/	328 Whippoorwill Lane	Mount Holly	NC	28120
The Coastal Therapeutic Riding Program	Kimberly Niggel	ctrpwilmington@gmail.com	(910) 470-0490		8120 Sidbury Rd	Wilmington	NC	28411
Therapeutic Riding of Tryon at FENCE	Sumaiya D'Adamo	therapeuticriding@fence.org	(828) 859-9021	http://www.fence.org/	3381 Hunting Country Rd	Tryon	NC	28782
Triple Play Farm, LLC	Kristen Batchelor	info@tripleplayfarm.com	704-608-8441	http://www.tripleplayfarm.com/	8864 Wright Road	Kannapolis	NC	28081
Wings of Eagles Ranch	Christine Cronin	wingsofeaglesranch@gmail.com	(704) 784-3147	http://wingsofeaglesranch.org/index.html	4800 Faith Trails	Concord	NC	28025
Bison Strides Equine-Assisted Services	Erika Berg	ndsu.bisonstrides@ndsu.edu	(701) 231-9611		Dept 7630 PO Box 6050	Fargo	ND	58108
TR 4 Heart & Soul	Katie Oakland	katie.oakland@live.com	(701) 367-6136	http://www.therapeuticriding4has.org/	8023 93rd St SE	Bismark	ND	85804
Equisol Adaptive Horsemanship	Alexandra Whittey	info@equisolhorsemanship.org	(775) 340-3418	http://www.equisolhorsemanship.org/	11420 Fir Drive	Reno	NE	89506
Heartland Equine Therapeutic Riding Academy	Erin Bevington	hetra@hetra.org	(402) 359-8830	http://hetra.org/	10130 S 222nd St	Gretna	NE	68028
Sierra Therapeutic Equestrian Program, Inc.	Judy Holt	homemeansnevada2@aol.com	(775) 721-5677	http://www.sierratep.com/	1680 Sandra Lane	Minden	NE	89423
Equine Immersion Project	Tara Mahoney, LCMHC, LPC	tara@equineimmersionproject.com	(201) 454-2445	http://www.equineimmersionproject.com/	41 Cooper Lane	Lyndeborough	NH	03082
Full Circle Farm Therapeutic Horsemanship	Lorna Young	fcftherapeutic@gmail.com	(603) 863-2952	http://fcftherapeutic.org/	80 Edgell Rd	Newport	NH	03373
Granite State Adaptive	Christine Leach	granitestateadaptive@gmail.com	(603) 387-1167	http://www.gsadaptivesports.org/	44 Mirror Lake Drive	Mirror Lake	NH	03853
Horse Power at Touchstone Farm	Kris Young	info@touchstone-farm.org	(603) 654-6308	http://www.touchstone-farm.org/	233 Old Temple Rd	Lyndeborough	NH	03082

Facility	Contact	Email	Phone	Website	Street	City/Town	State	Zip
TERRA Equine Therapy Center	Bethany Darling	info@terraetc.org	(603) 487-6745		281 Odell Hill Rd	Center Conway	NH	03813
UpReach Therapeutic Equestrian Center, Inc.	Lauren Diener	lauren@upreachtec.org	(603) 497-2343	http://upreachtec.org/	P.O. Box 355	Goffstown	NH	03045
Allaire Community Farm	Linda Young	lindaallairecommunityfarm@gmail.com	(732) 796-3298	http://www.allairecommunityfarm.org/	1923 Baileys Corner Rd	Wall	NJ	07719
Cape May County Equestrian Facility, Inc	Heather Carr-Johnson	cmcefinc@yahoo.com	(609) 675-6765	http://www.cmcefinc.org/	329 Route 47 N	Cape May Court House	NJ	08210
Chariot Riders, Inc.	Linda Fazio	ovrfencs@aol.com	(732) 657-2710	http://www.chariotriders.org/	3170 Chariot Ct	Manchester	NJ	08759
Freedom Horse Farm, LLC	Elizabeth Doskotz	freedomhorseinc@aol.com	(908) 797-4547	http://www.freedomhorsefarmllc.com/	908 Fairview Lake Lane	Stillwater	NJ	07860
Hearts Therapeutic Riding Center Inc.	Stefanie Green	info@heartstrc.org	(609) 703-9130	http://heartstrc.org/	220 Leap St	Egg Harbor Township	NJ	08234
Kaleidoscope Therapeutic Riding Program, Inc.	Kimberly Pohubka	kaleidoscopetr@yahoo.com	(609) 923-7847	http://www.kaleidoscopetr.webs.com/	21 Branin Road	Medford	NJ	08055
Riding High Farm	Robyn Struz	robynstruz@gmail.com	(609) 259-3884	http://www.ridinghighfarm.org/	145 Route 526	Allentown	NJ	08501
Riding with HEART	Carla Harbourt	director@ridingwithheart.org	(908) 735-5912	http://www.ridingwithheart.org/	639 CR 513	Pittstown	NJ	08867
The Helping Horseshoe Therapeutic Riding Club	Kara Stark-McGrew	dkmcgrew@embarqmail.com	(973) 579-9537	http://www.helpinghorseshoe.org/	914 Duck Pond Rd	Newton	NJ	07860
Therapeutic Riding at Centenary	Karen Brittle	karen.brittle@centenaryuniversity.edu	(908) 852-1400 (2174)	http://www.centenarycollege.edu/	400 Jefferson St	Hackettstown	NJ	07840
Loving Thunder Therapeutic Riding, Inc	Twuana Raupp	info@lovingthunder.com	(505) 554-9493	http://www.lovingthunder.com/	PO Box 44517	Rio Rancho	NM	87174
Horsemanship for Heroes	Karolyn Hooper	heroes@horsemanship4heroes.org	(775) 462-8445	http://horsemanship4heroes.org/	Horsemanship for Heroes	Reno	NV	89511
Albany Therapeutic Riding Center Inc.	Taylor Huntley	albanytherapeuticridingcenter@gmail.com	(518) 898-0742	http://www.albanytherapeuticridingcenter.com/	6640 Fuller Station Road	Altamont	NY	12009
Center for Therapeutic Riding of the East End	Karen Bocksel	info@ctreeny.org	(631) 779-2835	http://www.ctreeny.org/	93 Merchants Path	Sagaponack	NY	11962
Endeavor Therapeutic Horsemanship, Inc.	Emily Bushnell	info@endeavorth.org	(914) 241-0211	http://www.endeavorth.org/	556 Croton Lake Road	Bedford Corners	NY	10549
EquiCenter, Inc.	Lindsay Alberts	info@equicenterny.org	(585) 624-7777	http://www.equicenterny.org/	3247 Rush Mendon Center Rd	Honeoye Falls	NY	14472
GallopNYC	Marcos Stafne	info@gallopnyc.org	(646) 233-4507	https://pathintl.org/centers/gallopnyc/	88-03 70th Rd	Forest Hills	NY	11375
High & Mighty	Rachel Conaway	info@high-n-mighty.org	(518) 672-4202	http://www.high-n-mighty.org/	71 CR 21C	Ghent	NY	12075
HorseAbility	Katie McGowan	info@horseability.org	(516) 333-6151	http://www.horseability.org/	PO Box 410-1	Old Westbury	NY	11568
Pegasus Therapeutic Riding, Inc.	Candice Sciarillo	info@pegasustr.org	Not Available	http://www.pegasustr.org/	310 Peach Lake Rd	Brewster	NY	10509
Seaside 4 Therapeutic Riding, Inc.	Gerard Schoenacher	info@s4tr.org	Not Available		PO Box 290 256	Brooklyn	NY	11229
STEP Saratoga Therapeutic Equestrian Program	Karen Stanley-White	stepatnfec@yahoo.com	(518) 374-5116	http://www.stepup-nfec.org/	PO Box 2918	Glenville	NY	12325
SUNY Cobleskill Equine Center	Marny Mansfield	mansfimr@cobleskill.edu	8022795385	http://www.cobleskill.edu/	106 Suffolk Circle	Cobleskill	NY	12043
Topfield Equestrian Center	Sarah Uzelac	info@topfieldcenter.org	(845) 265-3409	http://www.topfieldcenter.org/	115 Stonecrop Ln	Cold Spring	NY	10516
Victory Hill Therapeutic Horsemanship	Laurie Bryceland	laurie@victoryhillth.org	845-843-0020	http://victoryhillth.org/	1138 Mountain Rd	Port Jervis	NY	12771
Winslow Therapeutic Riding Center	Susan Ferro	sue@winslow.org	(845) 986-6686	https://www.winslow.org/	1433 State Route 17A	Warwick	NY	10990
Autumn Trails Stable	Angela Stan	info@autumntrailsstable.com	Not Available	https://pathintl.org/centers/autumn-trails-stable/	2000 Folk Ream Rd	Springfield	OH	45502
Breaking Free Therapeutic Riding Center	Linda Lake	1bfrc@att.net	(740) 995-9395	http://breakingfreeriding.org/	2781 N Moose Eye Rd	Norwich	OH	43767
Dreams On Horseback	Jennifer Hansen	info@dreamsonhorseback.org	(614) 864-9500	https://www.dreamsonhorseback.org/	1416 Reynoldsburg New Albany Rd.	Blacklick	OH	43004
Fieldstone Farm Therapeutic Riding Center	Lynnette Stuart	lstuart@fieldstonefarm.org	(440) 708-0013	https://www.fieldstonefarmtrc.com/	16497 Snyder Rd	Chagrin Falls	OH	44023
Hold The Line Services	Sabrina Mignerey	holdthelineservices@gmail.com	5132783074	https://www.holdthelineservices.com/	PO BOX 502	batavia	OH	45103
In Step With Horses	Melissa Hauserman	instepwithhorses@gmail.com	(440) 688-1810	http://www.instepwithhorses.org/	7212 Wilson Mills Rd.	Chesterland	OH	44026
Medina Creative Therapy Ranch	Christina Newell-Stohlman	christina@medinacreativeaccessibility.com	Not Available		1120 N Huntington Rd	Medina	OH	44256
Riders Unlimited, Inc.	Maureen Mullins	ridersunlimited@gmail.com	(419) 898-6164	http://www.ridersunlimited.org/	3140 N Behlman Rd	Oak Harbor	OH	43449
The Camelot Center	Deborah Meeker	thecamelotcenter@gmail.com	(330) 889-0036	http://www.thecamelotcenter.org/	3498 Barclay Messerly	Southington	OH	44470
The Therapeutic Riding Institute	Samantha Ingersoll	info@triohio.org	9373174001	http://www.triohio.org/	3960 Middle Run Rd	Spring Valley	OH	45370
Bennie's Barn, Inc.	Chip Baker	benniesbarnenid@gmail.com	(580) 548-7258	http://www.benniesbarn.org/	4914 E Rupe	Enid	OK	73701
Bit By Bit Therapeutic Riding Center, Inc.	Amy Williams	lbarron@bitbybitok.org	(918) 371-1750	http://bitbybitok.org/	14674 S Hwy 169	Oologah	OK	74053
Giddy Up 'N Go	Nancy Arntz	giddyupng@gmail.com	(580) 248-3701	https://pathintl.org/centers/giddy-up-n-go/	7205 SE Bishop Rd	Lawton	OK	73501
The Right Path Riding Academy	Julie Jones	walkon@therightpathok.org	(918) 352-4110	http://www.therightpathok.org/	16620 Old Shamrock Hwy	Drumright	OK	74030
Bright Horizons Therapeutic Riding Center	Amy Cline	marlab@olallacenter.org	(541) 444-2021		PO Box 565	Siletz	OR	97380
Forward Stride	Amanda Garrison	info@forwardstride.org	(503) 217-2058	https://pathintl.org/centers/forward-stride/	23839 SW Daniel Rd	Beaverton	OR	97078
Healing Reins	Paulina Cohen	pollyc@healingreins.org	(541) 382-9410	https://www.healingreins.org/	PO Box 5593	Bend	OR	97708
HOPE Equestrian Center	Angie Ballard	info@hopeequestrian.com	541-776-0878	http://www.hopeequestrian.com/	PO Box 396	Eagle Point	OR	97524
Wonder Horse Ranch	Elizabeth Kahl	info@wonderhorseranch.org	Not Available	http://wonderhorseranch.org/	565 NE Seward Ave	Bend	OR	97701
GAIT Therapeutic Riding Center	Peter Rizzo	info@gaittrc.org	(570) 409-1140	http://www.gaittrc.org/	PO Box 69	Milford	PA	18337
Greystone Manor Therapeutic Riding Center	Stephanie Fleck	general.info.gmtrc@gmail.com	(717) 615-9222	http://greystonemanortrc.org/	PO Box 10724	Lancaster	PA	17605
Horses of Hope, Inc.	Laurie Flanagan	horsesofhopeinc@gmail.com	(570) 295-2904	http://www.horsesofhope.org/	PO Box 94	Lock Haven	PA	17745
Leg Up Farm	Jessica Warns	jwarns@legupfarm.org	717-266-9294	http://www.legupfarm.org/	4880 N Sherman St Ext	Mount Wolf	PA	17347
Manito Life Center	Lisa Schadt	equus@ptd.net	(610) 391-0689	http://www.manitocenters.com/	2181 Scherer Rd.	Allentown	PA	18104
Pegasus Therapeutic Riding Academy, Inc.	Teresa Fletcher	teresa@pegasusphilly.org	(215) 742-1500	https://www.pegasusridingacademy.com/	8297 Bustleton Ave	Philadelphia	PA	19152
Rising Hope Therapeutic Riding Center	Yvonne McCaslin	risinghope.trc@gmail.com	(814) 933-8414	http://risinghopetrcc.com/	388 Reese Rd	Bellefonte	PA	16823
Shamrock Reins	Janet Brennan	jbrennan@shamrockreins.org	215-766-4988	http://www.shamrockreins.org/	32 Ervin Rd	Pipersville	PA	18947
Shining Stars Therapeutic Riding Program Inc.	Rachel Stoner	rachelestoner@gmail.com	717-451-9509	http://shiningstarstr.org/	3175 Old Harrisburg Rd.	Gettysburg	PA	17325
Storm Harbor Equestrian Center	Courtney Gramlich	stormharbor@sru.edu	(724) 738-4010	http://www.sru.edu/offices/storm-harbor-equestrian-center	245 Harmony Rd	Slippery Rock	PA	16057
The Stoneybrook Foundation	Paula Cinti	info@stoneybrookfoundation.org	(724) 613-3312	http://www.stoneybrookfoundation.org/	260 Mountain Trail Lane	Acme	PA	15610
THORNCROFT Therapeutic Horseback Riding, Inc.	Maire Guggenheim	tiffany@thorncroft.org	(610) 644-1963	http://thorncroft.org/	190 Line Rd	Malvern	PA	19355
Victory Therapeutic Horsemanship	John Zanella	victoryhorsemanship@gmail.com	(814) 381-8726	http://www.victoryhorse.org/	PO Box 413	Bellwood	PA	16617
Yellow Horse	Emily Rice	emily@yellowhorseri.com	(401) 249-1520	https://www.yellow-horse-equine.com/	40 Collins Road	Ashaway	RI	02804
Charleston Area Therapeutic Riding, Inc.	Colleen Trepenn	info@catrfarms.org	(843) 559-6040	http://www.catr-program.org/	PO Box 146	Johns Island	SC	29457
Great Oak Equine Assisted Programs	Eva Finnian	info@greatoakeap.org	(803) 226-0056	http://www.greatoakeap.org/	PO Box 1288	Aiken	SC	29802
Heroes On Horseback	Robert Lee	info@heroesonhorseback.org	(843) 757-5607	http://www.heroesonhorseback.org/	PO Box 3678	Bluffton	SC	29910
LOVE For Therapeutic Riding	Denise Bishop	info@lovefortherapeuticriding.org	(843) 252-1232	http://www.lovefortherapeuticriding.org/	PO Box 1883	Beaufort	SC	29901

Facility	Contact	Email	Phone	Website	Street	City/Town	State	Zip
Tailwinds Ranch Rest and Recovery Center	Michelle Weed	jmweedf16@aol.com	(702) 238-5870	https://pathintl.org/centers/tailwinds-ranch/	3428 Brick Bat Rd	Williamsburg	VA	23188
Trails of Purpose	Kayla Arestivo	trailsofpurpose@gmail.com	(757) 655-5566	http://trailsofpurpose.com/	2400 Carolina Rd	Chesapeake	VA	23322
High Horses Therapeutic Riding Program	Alexandra Keats	executivedirector@highhorses.org	(802) 763-3280	http://highhorses.org/	PO Box 278	Sharon	VT	05065
Southern Vermont Therapeutic Riding Center	Amber Thibodeau	amber.sovrc@gmail.com	8022214409		3 Cross Country Circle	Wilmington	VT	05363
Alathea Riding Center	Nancy Grette	info@alatheiaringcenter.com	(509) 630-8710	http://www.alatheiaringcenter.com/	2170 Sleepy Hollow Heights	Wenatchee	WA	98801
Animals As Natural Therapy	Katie Rohwer	program@animalsasnaturaltherapy.org	(360) 671-3509	http://www.animalsasnaturaltherapy.org/	P.O. Box 31595	Bellingham	WA	98228
Blue Mountain Therapeutic Riding	Mary Murphy	mary@bluemountaintherapeuticriding.org	(509) 540-6244	http://bluemountaintherapeuticriding.org/	PO Box 761	College Place	WA	99324
Free Rein Therapeutic Riding	Pete Showler	admin@freereinspokane.org	(509) 979-1468	http://freereinspokane.org/	PO Box 30893	Spokane	WA	99223
Healing Hearts Ranch	Kristy Dees	deesk@hotmail.com	(843) 757-5607	http://healingheartsrancholy.com/	3500 85th Lane SW	Tumwater	WA	98512
HeartStrides Therapeutic Horsemanship	Kristy Dees	heartstrides@gmail.com	(360) 701-6001	http://heartstridestherapeutichorsemanship.com/	3500 85th Lane SW	Olympia	WA	98512
Hope For Heroes Horsemanship Center	Robert Woelk	bob@hope4heroesconsulting.org	(360) 485-8223	http://www.hope4heroesconsulting.org/	14528 Avis Ln SE	Yelm	WA	98597
Little Bit Therapeutic Riding Center	Paula Del Giudice	info@littlebit.org	(425) 882-1554	http://www.littlebit.org/	18675 NE 106 St	Redmond	WA	98052
NorthWest Therapeutic Riding Center	Julia Bozzo	nwtrc@premier1.net	(360) 966-2124	http://www.nwtrc.org/	1884 Kelly Rd	Bellingham	WA	98226
Strides Therapeutic Horsemanship Center	Cyndie Planck	strides@stridesc.org	(509) 492-8000	http://www.stridesc.org/	5426 N Rd 68 Ste D204	Pasco	WA	99301
Allied Horsemanship	Shannon Gher	allied.h.inc@gmail.com	Not Available	https://pathintl.org/centers/allied-horsemanship-inc/	35954 Cypress Ln	Prairie du Chien	WI	53821
BEAMING, Inc.	Katie Samuelson	incbeamng@gmail.com	(920) 851-6160	http://www.beaminginc.org/	PO Box 524	Neenah	WI	54957
Heaven's Gait Ranch, Inc.	Margaret Mary McClaren	info@heavensgaitranch.org	(920) 400-0628	http://www.heavensgaitranch.org/	940 S Main St	Cedar Grove	WI	53013
Helping Hands Healing Hooves, Inc.	Debra Goelz	helpinghands@wi.rr.com	(262) 689-5677	http://www.helpinghandshealinghooves.org/	1971 Granville Rd	Cedarburg	WI	53012
Horse Power Healing Center Inc	Wendy Konichek	info@horsepowerhealingcenter.com	(262) 594-3667	http://www.horsepowerhealingcenter.com/	S101 W34628 County Road LO	Eagle	WI	53119
HorseSense For Special Riders	Samantha Hall	info@horsesensewi.org	(608) 518-5356	https://horsesensewi.org/	PO Box 906	La Crosse	WI	54602
Stable Hands Equine Therapy Center	Diane Abitz	dabitz@stablehandstherapy.com	(715) 359-6046	http://www.stablehandstherapy.com/	142744 Countryside Drive	Wausau	WI	54401
Walk On Therapeutic Riding Programs, Inc.	Ken Giske	walkontherapeuticriding@gmail.com	(715) 425-2025	http://www.walkontherapeutichorsemanship.org/	1469 CR J	River Falls	WI	54022
A Broken Spur Riding Academy	Sarah Dorsey	abrokenspurwv@gmail.com	(304) 677-5834	http://www.abrokenspurwv.org/	116 Carl Vest Rd	Beaver	WV	25813
Beyond Wishes Therapeutic Riding Program Inc.	Windle McQuaig	beyondwishes@hughes.net	(304) 466-0431	http://www.beyondwishes.org/	1153 Hartwell Rd	Hinton	WV	25951
CHAPS Equine Assisted Services	Kristen Marcus	info@chapswy.org	(307) 673-6161	http://www.chapswy.org/	PMB 201 1590 Sugarland Dr Ste B	Sheridan	WY	82801
Jackson Hole Therapeutic Riding	Tori Plennes	director@jhtr.org	(307) 733-1374	http://www.jhtr.org/	3870 Wilderness Drive	Wilson	WY	83014
Reach 4A Star Riding Academy	Karol Santistevan	director@reach4astar.org	(307) 472-7827		4250 N 6 Mile Rd	Casper	WY	82604
Compadres Therapy, Inc.	Joy Ferguson	compadrestherapy@aol.com	(915) 244-6409	https://www.compadrestherapy.com/				